

#### Objective

By the end of the lesson, you will be able to define two types of harassment, discuss what it looks like, and how to safely report harassment as soon as possible so all people involved can get the help and support they need.

#### Safe Space Disclaimer Statement

This is a safe space for all students. Our school district is committed to making this a welcoming, open space for everyone to learn, grow and develop.

We can do this by:

- Showing respect for others as individuals by learning and using their preferred names and pronouns
- Providing room for each person to explore their own identities and allowing others to define their own identities and to speak for themselves
- Supporting an atmosphere of learning and growth
- Respecting confidentiality



## Warm Up Activity

What is Sexual Harassment?



## What is Sexual Harassment?

#### What is sexual harassment?

Law defines sexual harassment as:

Any unwanted or <u>unwelcome</u> behavior -- of a sexual nature -- that makes you feel uncomfortable, fearful or powerless, and interferes with your schoolwork.

Sexual harassment can happen to anyone.

#### What does "unwelcome" mean?

According to the U.S. Department of Education,

"Conduct of a sexual nature is unwelcome when the student being harassed <u>did not request</u> or <u>invite</u> <u>the conduct</u> and regarded it as offensive or undesirable."



## Prevalence

## How Common is Sexual Harassment Among Teens?

# How many teens have experienced sexual harassment?

48% of all students in 7<sup>th</sup> through 12<sup>th</sup> grade report experiencing sexual harassment.



What percentage of girls in grades 7th-12th report having experienced sexual harassment?

A. 12%
B. 25%
C. 43%
D. <u>56%</u>



What percentage of girls in grades 7th-12th report having experienced sexual harassment?

A. 12%
B. 25%
C. 43%
D. 56%





What percentage of boys in grades 7th-12th report having experienced sexual harassment?

A. 15%
B. 18%
C. 20%
D. 40%





What percentage of boys in grades 7th-12th report having experienced sexual harassment?

A. 15%
B. 18%
C. 20%
D. 40%





What percentage of students in grades 7th-12th report having experienced sexual harassment online?

- A. 30%
  B. 40%
  C. 60%
- D. 90%



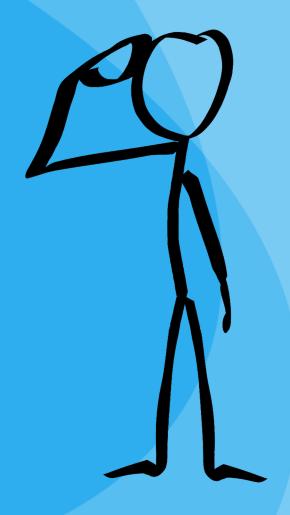


What percentage of students in grades 7th-12th report having experienced sexual harassment online?

A. 30%
B. 40%
C. 60%
D. 90%



#### **Title IX** What is Title IX?



#### **Protection against Harassment**

Title IX is a federal civil rights law that <u>prohibits discrimination</u> on the <u>basis of sex</u>, including <u>on the basis of</u> <u>sex stereotypes</u>, in education programs and activities. All public schools and any private schools receiving federal funds must comply with Title IX.

#### **Protection Against Harassment**

Under Title IX, <u>discrimination on</u> <u>the basis of sex</u> can include sexual harassment or sexual violence such as rape, sexual assault, sexual battery, sexual coercion, or dating violence.

#### Protection against Harassment

Under Title IX, gender-based violence and harassment are behaviors that are committed because of a person's gender or sex. They can be carried out by a boyfriend or girlfriend, a date, other kids, or adults.

#### **Examples of Sexual Harassment**

Sexual comments about a person's body

Sexual gestures

Sexual ("dirty") jokes

Sexual touching

Sexual suggestions or advances

Showing offensive sexual pictures, stories or objects

Sexual graffiti

Spreading rumors about another student's sexual behavior

Talking about one's own sexual activities in front of others

Touching oneself in a sexual manner in front of others

Name calling of a sexual nature

#### What should you do?

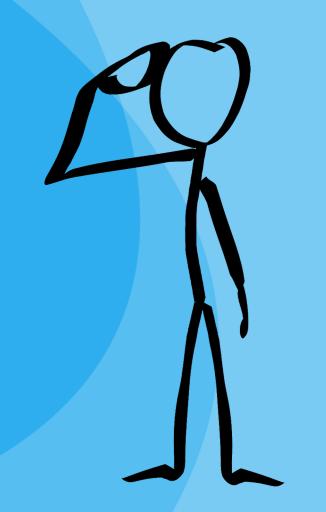
Do not ignore sexual harassment.

Tell the person you do not like their behavior and ask them to stop. If you feel you can't tell them directly, write them a note.

You need to tell your parents or guardians and/or tell a teacher, counselor or administrator at school as soon as possible.

## Is it Sexual Harassment?

**Discussion Questions** 



During 1<sup>st</sup> block Paul air dropped a video of a sexual encounter between two students.



Sharon made a public prom proposal to Megan in the cafeteria during lunch. Megan accepted.



While using the bathroom Mia notice a sexual message about her written on the bathroom stall.



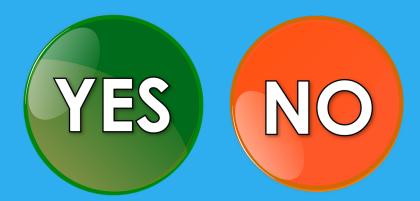
Mitch caresses Olivia's hand as she passes out papers. She looks at him startled and he winks at her.



During gym class Myles complimented Rylie, a transgender, male on his new haircut.



When Joan didn't laugh at Kole's joke at lunch he responded, "Oh, it must be that time of the month?" Joan is embarrassed.



When his bookbag strap broke causing its contents to spill to the hall floor, Kyle blurts out a sex-related swear.



Tyler sent the lyrics of a sexual explicit song in a group chat. He switched the name of the girl in the song to Amy's name as a joke. Amy heard about the text and is offended.



## Know the Effects of Sexual Harassment

Teens who experience sexual violence may suffer from mental health conditions:

- Post-Traumatic
   Stress Disorders
- Substance Abuse
- Eating Disorders
- Low Self-Esteem

- Depression
- Anxiety
- Consider or Attempt Suicide

#### What should you do?

Talk to a trusted adult about how you are feeling such a parent or guardian, counselor or an administrator. Friends and siblings can also be a source of support IN ADDITION to a trusted adult.

#### **Reminder:**

Tell your teacher, counselor or principal that you are being sexually harassed. If you are not comfortable doing this, your parents or guardians can.

The school has a legal responsibility to respond to sexual harassment of its students.

#### **Reflection Activity**

What are two facts about Title IX and sexual and gender based harassment that you will take away from today's discussion?

#### Thank You

10th Grade Advisory Team Charlotte Mecklenburg Schools

Kimberly Bunch-Crump, PhD kimberlyr.bunchcrump@cms.k12.nc.us Danielle Doskocil danielle.doskocil@cms.k12.nc.us Brynne Hutton brynner.hutton@cms.k12.nc.us